

August 2020***Third Presbyterian Church*****Words from the Pastor**

For the pastor's article, we asked a Navy Chaplain, Lieutenant Commander Jeremy Selitto to write an article for us. Jeremy is assigned to the Naval Support Activity in Dahlgren, Virginia. Previously, Jeremy was assigned to the Naval Expeditionary Base, Little Creek. Jeremy's wife, Reta, was one of Pastor Larry's classmates at Old Dominion University in the Mental Health Counseling program. Jeremy and Reta have three children.

**What Do You See?
Life Through the Eyes of a Navy Chaplain**

Many of us have heard the illustration of two blind guys trying to describe an elephant from different vantage points. One poor blind fellow is at a front leg and accurately telling us about the thick skin and strong front leg. He is sure it is a dinosaur or maybe a very tall rhino. The second would-be zoologist is at the scrawny tail. He can't make out too much except for the smelly huge hind parts. On one hand, both guys described accurately what they experienced. On the other hand, neither of them knew the whole picture.

That is often my experience as a Navy Chaplain. One day I am listening to a senior officer who grew up in church describe the value of the shepherding role I provide Sailors of faith. Another day I am hearing Sailors without a Christian faith describe how helpful talking to a Chaplain is for them. Both were correct. And like the guys at the elephant they each only described a portion of what was there.

On the one hand, the senior officer is right in that I am called, like every other minister, to entrust what I have learned and experienced to the next generation of followers of Christ and help them do the same. When I was in seminary, God impressed on me what Paul impressed on Timothy: "and what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also". I have an eye for Sailors and Marines whom God is working on. On the other hand, the Sailors outside the Christian faith are correct. I care about everyone in the Sea Services, no matter their faith allegiance.

During my last deployment I was the air wing chaplain embarked on the USS Abraham Lincoln. Among the almost 6,000 souls on that 4.5 acres of floating sovereign US territory was a dear brother born and raised in Africa. He came to Christ as a teen and was a young Sailor on fire for Christ. He ran hard after God. He humbly wanted to learn and grow as much possible. I loved our give and take and watching him turn around and lead his peers toward Christ.

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On that same deployment were three other Sailors of note. They stand out for me among the hundreds of hours I counseled on the ship. Like so many all three came for counseling for stress with operations and life. Noteworthy was that one was a lesbian, one was a gay man, and the third was an atheist. All of them knew I loved God. I believe all of them came and continued to come to me because they knew I loved them.

In hindsight, I was thankful, but then again, I was hurt. I hurt because I have heard how so many of their subcultures have been hurt by our community of faith. I have heard how a lesbian college student lost her roommate when the parents of the roommate wouldn't let their Christian daughter room with a lesbian. Like you I have seen how people who name the name of Christ channel a tone of condemnation and judgment toward the gay community or unbelievers.

As powerful as the command is in Matthew's gospel to "go and make disciples", there is another command that is repeated with even more frequency: "love your neighbor". On three separate occasions Matthew records Jesus admonishing us to love our neighbor. I am reminded that a neighbor is different than a brother. A neighbor is different than an enemy. In the end, Christ's expectations on us are the same for all three groups. Love the brothers and sisters. Love your neighbor. Love your enemy.

I guess that begins to describe more of what a Navy Chaplain does. Christian chaplains love our sisters and brothers and help them love each other. We love our neighbors (Shipmates) and help them to love each other. We even love our enemies and help our neighbors ethically do the same.

I pray you will see your brothers and sisters in the faith through eyes of love. I pray you will see your neighbors outside the faith through eyes of love, and you will help the brothers and sisters do the same. And I pray you will see those that make the hair on the back of your neck rise and your eyes to roll with the same eyes of love and grace.

Strength for today and bright hope for tomorrow,
Jeremy Selitto
LCDR, CHC USN

Please remember that you can reach out to Pastor Larry by email at larrytoney1998@gmail.com or by his cellphone / text at 910-257-0308.

If something in a sermon or worship service has touched you or left you with questions or you have something to add, Larry would like to hear from you. Please reach out to him at the contact information above. Also, remember that Larry has said he would like to pray for us and asked that if you have a concern to please let him know.

**These Are Difficult Days. Keep Going. You're Doing Great.
July 10, 2020 by John Pavlovitz.**

Hey.

I don't know whether anyone's told you lately or not, but you're doing a great job.

Really.

You probably don't feel that way, but under the conditions that's understandable. You've been busy. You've had your hands full.

Friend, take a second and think about what you've been through in the short span of the Spring:

You've dealt with an unprecedented health crisis that has paralyzed the planet.

With almost no warning, you've had to alter the way you do just about everything.

You've lost the ability to travel.

You've lost a good deal of income.

You may have even lost your job.

You've had to become a homeschool teacher.

You've had to become a primary caregiver.

You've had to become your own marriage counselor.

You've had to learn how to fix the dishwasher.

You've had to learn to cut your own hair.

You've had to search the dark web for toilet paper and then ration it like it was spun gold.

You've had to digest a relentless, ever-shifting barrage of news stories and expert recommendations and changing timelines and behavior restrictions.

You've had to experience birthdays and graduations and milestone moments you'd have never missed, through a jittery Zoom connection or a scratched phone screen.

You've had to grieve people you love dearly, from a distance and alone in a private funeral at your kitchen table.

You've been terribly lonely or you haven't had a moment alone.

You've had to try and help your kids understand why they can't go play with their friends, knowing it will still feel like a punishment to them.

You've sat with your sobbing teenager as the first breakup came at the absolute worst time.

You've had your faith shaken to its bedrock or may have lost your religion altogether.

You've watched your mental health deteriorate, as reality has become the nightmare you always imagined it was.

You've seen the death toll rise well beyond the worst of your fears when all this began.

You witnessed the absolute worst of humanity: hoarding pasta, berating grocery store clerks, protesting with weapons at capitol buildings, burning masks, calling 911 on people for simply existing.

You've watched more than one black man be murdered in the street.

You learned the levels of racism afflicting your family and your friendships and our leadership.

You've been reminded how fractured this nation is.

You've had to do all of it without a single hug.

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The level of difficulty of your current life is a few steps above *Batman*.

So yeah, you've gained a few pounds or you've slacked on the meal planning, or you've let some stuff slide around the house, or you've ignored the shrubs, or you've missed sending that birthday card, or you've binge watched a few dozen shows, or you've served cereal for dinner and called it "Breakfast Night"—give yourself a break.

No, you're not equipped for this and yes, you're overmatched and overwhelmed—because this is a special kind of creative and historic hell that no one could have prepared for and no one is thriving through.

No one.

Everyone you live with or love or see from a distance or marvel at on social media, is pressed so far past their limits that they are often near tears. Everyone is so beaten down by all the unknowns, that their minds are exhausted from a million swirling contingencies and scenarios and possibilities. Everyone is working with Plan B (or Plan Q) at this point, and we're all feeling like we're floundering and failing.

It is enough right now to survive and to accept that as a victory.

You're here and you're somehow making the unworkable work: with the sub-par dinners and the less-than-stellar haircut and the occasional tantrums from your child or your lover or yourself.

You're MacGyver-ing a makeshift life from the odd assortment of stuff that you can cobble together around you, and honestly it's a thing of beauty to behold.

So have a good cry or a piece of cake, go scream into your pillow or run around the block, toss up a prayer or curse a little—and then take a look around and survey your handiwork: the stuff you've made or the things you've fixed or the people you've cared for or the work you've done, and appreciate the duress under which you've managed it all.

One day you're going to look back on these days and realize you weren't a failure or a fraud or a lousy parent or a crappy partner, You're going to see that you were a frickin' superhero doing world-saving work in Kryptonite circumstances that should have leveled you but didn't. You're going to see that it was your finest hour.

And because you likely can't see that right now, I wanted you to know that I see it in you.

So, yeah you've got a lot on your plate, but you're making it work.

Life is not what you planned but it's yours.

Keep going.

You're doing great.

Join Us For Worship Every Sunday**Live Stream Worship
Every Sunday at 11 am**

Join us each Sunday morning for virtual worship at 11 am. Below is the Zoom link where you will be able to see those leading worship and along with parts of our liturgy. Below is the new and updated link, phone number and password as of July 13th.

[https://us02web.zoom.us/j/605837516?
pwd=V0R5VmNCQ2Mraml1TFdOVXpGMEpiQ
T09](https://us02web.zoom.us/j/605837516?pwd=V0R5VmNCQ2Mraml1TFdOVXpGMEpiQT09)

If you do not have computer access, you can call in with your home or cell phone using Zoom's dial in option.

**Meeting ID: 605 837 516
Password: 23518
Phone: 312-626-6799**

**Upcoming Schedule
for Pulpit Supply**

August 2nd
Dr. Larry Toney
"Traveling Light with Jesus Part III -
A Whopper of a Fish Story"
Matthew 4:17-25

August 9th
Dr. Larry Toney
"Traveling Light with Jesus Part IV -
Worriers R Us"
Matthew 6:25-34

August 16th
Dr. Larry Toney

August 23rd
Guest Preacher TBD

August 30th
Elder Jim Rudiger

August 2020 Lectionary Readings**9th Sunday after Pentecost - August 2nd**

Genesis 32:22-31
Psalm 17:1-7, 15
Isaiah 55:1-5
Psalm 145:8-9, 14-21
Romans 9:1-5
Matthew 14:13-21

10th Sunday after Pentecost - August 9th

Genesis 37:1-4, 12-28
Psalm 105:1-6, 16-22, 45b
1 Kings 19:9-18
Psalm 85:8-13
Romans 10:5-15
Matthew 14:22-33

11th Sunday after Pentecost - August 16th

Genesis 45:1-15
Psalm 133
Isaiah 56:1, 6-8
Psalm 67
Romans 11:1-2a, 29-32
Matthew 15:(10-20) 21-28

12th Sunday after Pentecost - August 23rd

Exodus 1:8—2:10
Psalm 124
Isaiah 51:1-6
Psalm 138
Romans 12:1-8
Matthew 16:13-20

13th Sunday after Pentecost - August 30th

Exodus 3:1-15
Psalm 105:1-6, 23-26, 45b
Jeremiah 15:15-21
Psalm 26:1-8
Romans 12:9-21
Matthew 16:21-28

Prayer List

Please remember the following people and families in your prayers, that they might be lifted up through your conversations with God:

Betty Graham

Ginny Davis

Betsy Wright

Steve Glover

Larry McKinney

Bonnie Green

Anne Basnight

Darlene Pick

Carol Hogwood

Steve Babor

Teresa Gibbs

Marlin Stockdill

Kitty and Randy Ribaudo

Phil and Claudia Cary

Melodie Connely

Joseph Bray's grandmother / Ruth Bray's mother

Marlene Jordan

Lorraine Joyner

The Babor Family

The Howlett/Lunn Family

Laurie Morrissey and her mother

Dr. Jay Coker, his wife Sharon, and their grandson,

Matthew Coker - Matthew is awaiting a heart transplant

Pastor Larry

Our Church

The Session

If anyone has a prayer concern, please contact, Dee Glover. You can call a prayer request in by calling Dee at 757-588-7964, Betsy Wright at 757-857-5271 or call the church office. You can also email to thirdpc@hrcoxmail.com.

Stewardship News

Don't forget about tithing or your pledge. Most weeks, our tithing is pretty much on the money. Other weeks we're lagging. Even though we are not using our building, bills and salaries are still being paid. Now more than ever we pray that pledges stay up as we continue to minister to all of God's children. We are reaching out more than ever into a community that needs our help.

Please continue to support all of our programs if you are able to. It's not too late to contribute to the bathroom fund. We have also started a fund for the equipment needed to keep on-line Worship going. If you would like to contribute to either of these projects, please mark it on your check. You can mail your check to the church, drop it off in the mailbox, or drop it by Nancy's house. You can also give online by using the link below. We appreciate your support of Third Church in any way you can.

<https://onrealm.org/ThirdPC/give/now>

Offering Totals for July 2020

July 5 - \$3,329.00

July 12 - \$1,097.00

July 19 & 26 - \$4,294.00

Deacon's Fund - \$15.00

Memorial Fund - \$75.00

Bathroom Upgrade - \$200.00

Online Worship - \$200.00





August 4 – Michael Gibbs
 August 11 – Matthew Sipe
 August 15 – Nancy Barham
 August 16 – Laura Griffin
 August 19 – John Suski
 August 24 – Fred Holtz
 August 27 – Darlene Pick
 August 29 – Milinda Derrenbacker
 August 30 – Pete Goode



August 9 – Renee & Douglas Hughes
 August 10 - Geno Morgan & Meghan Powell
 August 17 – Carol & Ronnie Hogwood
 August 19 – Debbie & Pete Goode
 August 19 – Marlin & Sylvia Stockdill
 August 28 – Suzanne & Chuck Olejasz



New Banner on Third Church

"In Christ's family there can be no division into Jew and non-Jew, slave and free, male and female.

We are all equal."

Galatians 3:28

Presbyterian Women

Ongoing projects:

- A. new or gently used clothing for shelters.
- B. brown and plastic bags for St. Columba.
- C. stamps for the American Philatelic society.



Volunteers are needed to help with the Clothes



Closet on the 2nd Saturday of the month from 10:00 a.m. to 12 noon. If you are interested in helping, please contact Carol Maxwell at 757-531-9851.

A Note From Bill Graham:

Mom (Betty) had another fall about two weeks ago and fractured ribs a couple of ribs. It will take a few weeks to heal but is resting at Harmony. She also recently had an viral eye infection but it is healed and she is doing much better after treatment.

She would love to see her friends from Third. Right now, visitation is preferred from 9-11 and 2-4 however the total number of visitors allowed each day remains only two! Masks required, temperatures taken, and social distancing followed as well. A reminder that "no chocolate for Mom!"

The Harmony at Oakbrooke
 301 Clearfield Avenue , Apt 119
 Chesapeake , Virginia 23330
 Main number is 757-315-6900

Also, Mom and Dad's estate sale will take place August 21, 22, and 23. However , we are having one day just for Mom and Dad's Third Presbyterian Church Family and other Family and Friends earlier on August 19 tentatively from 10-2.

Shepherd's List 2020**Carol Maxwell****757-531-9851**

*Carol and Ronnie Hogwood
 Cheryl and Fred Holtz
 Teri Howard
 Janice daSilva
 **Brittany French
 Dave and Jenni Joyce

Amy Griffin**757-618-3006**

Claudia and Phil Cary
 *Dee Glover
***Lorraine Joyner**
 Meghan Powell and Geno Morgan
 Ginny Davis
 Betty Graham
 Jessica Fitzgerald & Family

Jessica Fitzgerald**757-581-1153**

Stacy Apelt and Judith Floyd
 Apelt
 Nancy Babor
 James daSilva
 *Steven and Claudia Glover
 Ginny Keisel

Dennis Griffin**757-618-3005**

Marguerite Duke
 Betty Hart
 Susan Howlett
 Michael and Teresa Gibbs
 Garland and Peggy Russell
 Joseph Bray
 Ruth Bray

**Artie Derrenbacker****757-636-3500**

Pete and Debbie Goode
 Nancy and Vernon Barham
 Dorothy Grandstaff
 Jennifer Lavallee & Family
 Ron and Inda Ratcliff
 *Chuck and Suzanne Olejasz

CJ Jones**757-537-8174**

***Dee Curtis**
 Artie and Milinda Derrenbacker
 T. J. and Larry McKinney
 Marlin and Sylvia Stockdill
 Carol and Tom Maxwell
 Randy and Kitty Ribaudo
 Shelli Quales
 Lexi White

Tom Maxwell**757-531-9851**

John and Aileen Coggeshall
 Amy and Dennis Griffin
 Jim Rudiger
 Bonnie Green & Family
 Tim Green
 Holly Gaff and CJ Jones
 Malinda Hanna Davis
*** Anne Basnight**

Nancy Babor**757-588-7501**

Susan Mayo
 *Dolores Ominski
 Darlene Pick
 Debbie and Ray Platte
 *Betsy Wright

*no email-please call

** Text

Red = Shut-in

**Calvin Presbyterian Church**

2901 E Little Creek Rd, Norfolk, VA
 23518 (757) 587-1591

• Food Pantry Hours

Monday, Wednesday and Friday
 10:00 a.m. - 12:00 p.m.

• Third Saturdays of the month
 10:00 a.m. - 12:00 p.m.

The food pantry serves Norfolk
 zip codes 23518 and 23503.
 Those in need of assistance
 may obtain a referral from any of
 the participating churches.

Pantry Wish List:

25 oz Apple Sauce
 16 oz Baked Beans
 24 oz Beef Stew
 15 oz Peas
 15 oz Green Beans
 1 lb 13 oz Canned Fruit
 32 oz Jelly
 18 oz Peanut Butter
 32 oz Pancake Mix
 24 oz Syrup
 1 lb Rice
 8.25 oz Tuna Helper
 6 oz Tuna
 15 oz Spaghetti O's
 15 oz Thick Soup
 64 oz Juice
 12 oz Luncheon Meat
 7.25 oz Macaroni & Cheese
 13.75 oz Mashed Potatoes
 13.7 oz Oatmeal Individual Packs
 16 oz Spaghetti Noodles
 26.5 oz Spaghetti Sauce
 Dry Milk, Individual Packs

Please, no baby food, coffee, tea, sugar, pickles, olives, condiments, tomatoes, cranberries, canned milk, crackers or mushrooms.



August 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	
2	3	4	5	6	7	8
11 am Live Stream Worship						
9	10	11	12	13	14	15
11 am Live Stream Worship						
16	17	18	19	20	21	22
11 am Live Stream Worship						
23	24	25	26	27	28	29
11 am Live Stream Worship						
30						
11 am Live Stream Worship						



**Third Presbyterian Church
8065 Carlton Street
Norfolk , V23518**

CHURCH STAFF

Dr. Larry O. Toney, Supply Pastor
Debbie Platte, Secretary
Joseph C. Bray, III, Organist/ Choir Director
Clara Barnes, Sexton
Teri Howard, Clerk of Session
Holly Gaff, Treasurer
Nancy Babor, Financial Secretary

SESSION

Building & Grounds

CJ Jones
Tom Maxwell

Witness & Outreach

Jessica Fitzgerald

Stewardship

Nancy Babor

Presbyterian Women

Nancy Babor, Monday Night Circle
Dolores Ominski, Tuesday Morning Circle

Presbyterian Men

Tom Maxwell, President
Fred Holtz, Vice-president
Jim daSilva, Secretary/Treasurer

Memorial Committee

Nancy Babor

Worship

Amy Griffin
Carol Maxwell

Administration and Personnel

Dennis Griffin
Artie Derrenbacker